



**STEPWISE ELEVATE**

*Every Step Forward Matters*

## Wellbeing, Employment & Professional Support

Calm, practical support for life,  
work, and professional practice

Stepwise Elevate provides calm, practical, non-clinical wellbeing, employment coaching, and social work development support for individuals and professionals navigating stress, workplace pressure, career transitions, and complex practice environments.

### Support includes:

- ✓ Emotional wellbeing & resilience
- ✓ Career clarity, confidence & decision-making
- ✓ Returning to work after stress, burnout, or illness
- ✓ Managing workplace pressure, conflict & organisational change
- ✓ Personal, family & social relationships
- ✓ Financial wellbeing & debt-related stress confidence
- ✓ Support around substance misuse recovery & maintaining stability

### Practice & Social Work Development

- ✓ Reflective practice for safeguarding & complex cases
- ✓ Social work supervision & professional development
- ✓ Support for ASYE & newly qualified practitioners
- ✓ Decision-making in high-risk situations
- ✓ Multi-agency working & professional accountability
- ✓ Learning from safeguarding incidents & audits

[stepwiseelevate.com](http://stepwiseelevate.com) | 07892 822184



**STEPWISE ELEVATE**

*Every Step Forward Matters*

## Social Work Training, Supervision & Ongoing Support

Stepwise Elevate offers comprehensive social work training, supervision, and safeguarding support for:

Care providers, local authorities, NHS teams, voluntary organisations, housing & homelessness services, and frontline practitioners.

Aligned with Care Act duties, CQC standards, and safeguarding best practice:

### Our regulator-aware training strengthens:

- ✓ Staff confidence & competence
- ✓ Safeguarding awareness & reporting
- ✓ Reduction of organisational & safeguarding risk
- ✓ Regulatory readiness & inspections
- ✓ Reflective practice & professional accountability

### Social Work Training Areas:

- ✓ Adult Safeguarding
- ✓ Mental Capacity Act & DoLS
- ✓ Care Act & Professional Responsibilities
- ✓ Mental Health Act
- ✓ Homelessness Reduction Act
- ✓ Risk Management & Health & Safety
- ✓ Medication Management
- ✓ Dementia Care
- ✓ GDPR & Confidentiality
- ✓ Conflict Resolution & De-escalation

Founded by a Senior NHS Social Worker  
Over 20 years' experience across mental health,  
safeguarding & integrated care.



## STEPWISE ELEVATE

*Every Step Forward Matters*

### Wellbeing, Employment & Professional Support

Calm, practical support for life,  
work, and professional practice

Stepwise Elevate provides calm, practical, non-clinical wellbeing, employment coaching, and social work development support for individuals and professionals navigating stress, workplace pressure, career transitions, and complex practice environments.

#### Support includes:

- ✓ Emotional wellbeing & resilience
- ✓ Career clarity, confidence & decision-making
- ✓ Returning to work after stress, burnout, or illness
- ✓ Managing workplace pressure, conflict & organisational change
- ✓ Personal, family & social relationships
- ✓ Financial wellbeing & debt-related stress-confidence
- ✓ Support around substance misuse recovery & maintaining stability

#### Practice & Social Work Development

- ✓ Reflective practice for safeguarding & complex cases
- ✓ Social work supervision & professional development
- ✓ Support for ASYE & newly qualified practitioners
- ✓ Decision-making in high-risk situations
- ✓ Multi-agency working & professional accountability
- ✓ Learning from safeguarding incidents & audits

[stepwiseelevate.com](http://stepwiseelevate.com) | 07892 822184



## STEPWISE ELEVATE

*Every Step Forward Matters*

### Social Work Training, Supervision & Ongoing Support

Stepwise Elevate offers comprehensive social work training, supervision, and safeguarding support for:

Care providers, local authorities, NHS teams, voluntary organisations, housing & homelessness services, and frontline practitioners.

Aligned with Care Act duties, CQC standards, and safeguarding best practice:

#### Our regulator-aware training strengthens:

- ✓ Staff confidence & competence
- ✓ Safeguarding awareness & reporting
- ✓ Reduction of organisational & safeguarding risk
- ✓ Regulatory readiness & inspections.
- ✓ Reflective practice & professional accountability

#### Social Work Training Areas:

- ✓ Adult Safeguarding
- ✓ Mental Capacity Act & DoLS
- ✓ Care Act & Professional Responsibilities
- ✓ Mental Health Act
- ✓ Homelessness Reduction Act
- ✓ Risk Management & Health & Safety
- ✓ Medication Management
- ✓ Dementia Care
- ✓ GDPR & Confidentiality
- ✓ Conflict Resolution & De-escalation

Founded by a Senior NHS Social Worker  
Over 20 years' experience across mental health,  
safeguarding & integrated care.